

























Menu Label Report: BBDOTQ Chicken USA-MARCH 9 2020

Menu Label Report

Item Name	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
<input type="checkbox"/> Chicken, Whole (1300 - 3570 Cals)													
 Chicken Whole-Golden Original 10 PC	1	Serving	2590	1450	161	35	0	490	4320	105	0	0	180
 Chicken Whole-Golden Original 5 PC	1	Serving	1300	730	81	18	0	245	2160	52	0	0	90
 Chicken Whole-Hot Spicy 10 PC	1	Serving	1600	730	81	18	0	245	2910	132	0	3	91
 Chicken Whole-Hot Spicy 20 PC	1	Serving	3190	1460	162	35	0	490	5830	264	0	7	183
 Chicken Whole-Secret Spicy 10 PC	1	Serving	1780	730	81	18	0	245	13630	171	0	5	92
 Chicken Whole-Secret Spicy 20 PC	1	Serving	3570	1460	162	35	0	490	27250	343	0	10	184
 Whole Chicken HALF & HALF-Hot Spicy	1	Serving	2890	1460	162	35	0	490	5070	184	0	3	181
 Whole Chicken HALF & HALF-Secret Spicy	1	Serving	3080	1460	162	35	0	320	15780	224	0	5	182
<input type="checkbox"/> Boneless Chicken (1000 - 2750 Cals)													
 Boneless Golden Original-10 PC	1	Serving	1070	610	68	14	0	140	1330	51	0	0	66
 Boneless Golden Original-20 PC	1	Serving	2150	1220	135	29	0	275	2660	101	0	0	132











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 Boneless HALF & HALF-Secret Spicy 20 PC	1	Serving	2450	1220	135	29	0	275	9720	175	0	3	133
 Boneless Honey Garlic 10 PC	1	Serving	1200	620	69	14	0	95	1750	74	0	1	73
 Boneless HALF & HALF-Hot Spicy 20 PC	1	Serving	2330	1220	135	29	0	275	3130	150	0	2	133
 Boneless Honey Garlic 20 PC	1	Serving	2400	1230	137	28	0	185	3500	148	0	2	145
 Boneless Soy Garlic 10 PC	1	Serving	1170	620	69	14	0	95	1680	67	0	3	73
 Boneless Soy Garlic 20 PC	1	Serving	2350	1230	137	28	0	185	3360	134	0	7	146
 Boneless Hot Spicy-10 PC	1	Serving	1260	610	68	14	0	140	1790	99	0	2	67
 Boneless Hot Spicy-20 PC	1	Serving	2520	1220	135	29	0	275	3590	199	0	4	133
 Boneless Secret Spicy-10 PC	1	Serving	1370	610	68	14	0	140	8390	124	0	3	67
 Boneless Secret Spicy-20 PC	1	Serving	2750	1220	136	29	0	275	16770	248	0	6	134
 Boneless Gang-Jeong 20 PC	1	Serving	2480	1060	118	22	0	215	2820	211	0	7	144
 Boneless Gang-Jeong 10 PC	1	Serving	1240	530	59	11	0	110	1410	106	0	3	72
 Boneless Cheesling 10 PC	1	Serving	1000	500	56	11	0	300	1140	42	0	0	81
 Boneless Cheesling 20 PC	1	Serving	1990	1010	112	23	0	595	2280	84	0	0	163
<input type="checkbox"/> Wings (1310 - 2810 Cals)													

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 Gingham Style Wings-10 PC	1	Serving	1380	770	85	25	0	200	2160	57	0	0	97
 Gingham Style Wings-20 PC	1	Serving	2760	1540	171	50	0	395	4320	114	0	0	193
 BB Wings 10 PC	1	Serving	1310	720	80	18	0	175	1740	72	0	0	77
 BB Wings 20 PC	1	Serving	2630	1440	160	35	0	345	3480	145	0	0	154
 Honey Garlic Wings 10 PC	1	Serving	1320	760	84	18	0	280	1370	62	0	1	79
 Honey Garlic Wings 20 PC	1	Serving	2650	1520	169	36	0	560	2750	124	0	2	158
 Wings-Soy Garlic 10 PC	1	Serving	1310	760	84	18	0	0	1390	58	0	3	79
 Wings-Soy Garlic 20 PC	1	Serving	2620	1520	169	36	0	0	2780	115	0	7	159
 Wings of Fire-10 PC	1	Serving	1410	720	80	18	0	175	1970	97	0	1	77
 Wings of Fire-20 PC	1	Serving	2810	1440	160	35	0	345	3940	193	0	2	155
<input type="checkbox"/> Lunch Special-Boneless Combo Meal (640 - 1350 Cals)													

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Lunch Special-Boneless Combo Meal-Gang-Jeong-Hi... Calorie Drink Option	1	Serving	1270	470	52	9	0	65	1100	156	4	43	49
Lunch Special-Boneless Combo Meal-Gang-Jeong-L... Calorie Drink Option	1	Serving	1120	470	52	9	0	65	1100	115	4	2	49
Lunch Special-Boneless Combo Meal-Golden Original-Highest Calorie Drink Option	1	Serving	790	360	41	9	0	85	830	72	0	41	39
Lunch Special-Boneless Combo Meal-Golden Original-Lowest Calorie Drink Option	1	Serving	640	360	41	9	0	85	830	30	0	0	39
Lunch Special-Boneless Combo Meal-Honey Garlic-Highest Calorie Drink Option	1	Serving	1250	520	58	11	0	55	1300	137	4	42	49

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Lunch Special-Boneless Combo Meal-Honey Garlic-Lowest Calorie Drink Option	1	Serving	1100	520	58	11	0	55	1310	96	4	1	49
Lunch Special-Boneless Combo Meal-Hot Spicy-Highest Calorie Drink Option	1	Serving	1280	510	57	11	0	85	1330	153	4	43	46
Lunch Special-Boneless Combo Meal-Hot Spicy-Lowest Calorie Drink Option	1	Serving	1130	510	57	11	0	85	1330	111	4	1	46
Lunch Special-Boneless Combo Meal-Secret Spicy-Highest Calorie Drink Option	1	Serving	1350	510	57	11	0	85	5290	167	4	43	46
Lunch Special-Boneless Combo Meal-Secret Spicy-Lowest Calorie Drink Option	1	Serving	1200	510	57	11	0	85	5290	126	4	2	46














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Item Name	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Lunch Special-Boneless Combo Meal-Soy Garlic-Highest Calorie Drink Option	1	Serving	1240	520	58	11	0	55	1310	134	4	44	49
Lunch Special-Boneless Combo Meal-Soy Garlic-Lowest Calorie Drink Option	1	Serving	1090	520	58	11	0	55	1320	93	4	2	49
Lunch Special-Boneless Combo Meal-Cheesling-High... Calorie Drink Option	1	Serving	1120	450	50	9	0	180	940	118	4	41	55
Lunch Special-Boneless Combo Meal-Cheesling-Low... Calorie Drink Option	1	Serving	970	450	50	9	0	180	940	77	4	0	55
Lunch Special-Sandwich Meals (1240 - 1450 Cals)													
Lunch Special-Hot Spicy Sandwich Meal-Highest Calorie Drink Option	1	Serving	1400	500	55	10	0	65	1600	188	4	50	44














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 Lunch Special-Hot Spicy Sandwich  Meal-Lowest Calorie Drink Option	1	Serving	1250	500	55	10	0	65	1600	147	4	9	44
 Lunch Special-Original Sandwich  Meal-Highest Calorie Drink Option	1	Serving	1390	540	60	10	0	70	1600	172	6	52	44
 Lunch Special-Original Sandwich  Meal-Lowest Calorie Drink Option	1	Serving	1240	540	60	10	0	70	1600	130	6	11	44
 Lunch Special-Secret Spicy Sandwich  Meal-Highest Calorie Drink Option	1	Serving	1450	500	55	10	0	65	4230	198	4	50	44
 Lunch Special-Secret Spicy Sandwich  Meal-Lowest Calorie Drink Option	1	Serving	1300	500	55	10	0	65	4240	156	4	9	44
<input type="checkbox"/> K-Food (890 - 1300 Cals)													
 Cheese Ddeok Bokki	1	Serving	1240	210	23	12	0	140	2110	217	2	26	43
 Ddeok Bokki	1	Serving	1020	70	8	2.5	0	95	1660	213	2	26	25
 Hot Spicy Chicken Mayo Rice Bowl	1	Serving	1300	630	71	20	0.5	465	1360	119	3	4	48

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 Jamaican BBQ Chicken Mayo Rice Bowl	1	Serving	1290	630	71	20	0.5	465	1700	114	3	9	50
 Teriyaki Chicken Mayo Rice Bowl	1	Serving	1290	630	71	20	0.5	465	1950	116	3	16	48
 K-Food-Kimchi Fried Rice	1	Serving	890	150	16	3	0	50	12300	161	--	0	25
 K-Food-Kimchi Fried Rice-with Cheese	1	Serving	1110	280	31	13	0	95	12750	166	0	0	42
<input type="checkbox"/> Sides (15 - 920 Cals)													
 Onion Rings	1	Serving	920	430	48	10	0	0	1640	109	24	1	12
 French Fries-Side Order	1	Serving	680	270	30	4.5	0	0	400	92	8	0	10
 Sweet Potato Fries-Side Order	1	Serving	860	410	45	7	0	0	860	109	10	10	5
 Cheese Sticks-Side Order	1	Serving	680	350	39	21	0	75	1400	53	0	0	29
 Cole Slaw-Side Order	1	Serving	390	240	26	3.5	0	15	580	36	0	14	3
 Corn Salad-Side Order	1	Serving	380	220	25	4	0	20	590	35	3	9	5
 Calamari-Side Order	1	Serving	650	150	17	4.5	0	165	1530	93	0	0	31
 Extra Pickled Radish-Side Order	1	Serving	15	0	0	0	0	0	110	2	0	0	1
 Steamed Rice-Side Order	1	Serving	380	5	0.5	--	--	--	15	85	2	2	8
<input type="checkbox"/> Sodas (0 - 150 Cals)													



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 Sierra Mist	12	Fluid ounce	140	0	0	0	0	0	35	39	0	39	0
 Diet Pepsi	12	Fluid ounce	0	0	0	0	0	0	35	0	0	0	0
 Pepsi	12	Fluid ounce	150	0	0	0	0	0	35	41	0	41	0